



## LESSON TITLE

Protecting the health of children.

## OBJECTIVES

- Reinforce the practice of perspective-taking.
- Develop a perspective about what it might be like for a child with health challenges.
- Introduce local solutions.

## PREPARATION

- Test KFKF Powerpoint #4
- Get nametags, gather pens, paper, clipboards for color teams.
- Prepare for Line Game with painter's tape down the middle of room. Put Y shape on 1 side and N shape on other.
- Have the Potato Game on hand.

CURRICULUM		
<p><b>WARM UP</b> (validate existing knowledge)</p>	<p><b>Welcome</b></p> <ul style="list-style-type: none"> <li>• “Welcome to Session 4!”</li> <li>• “Please pick up your nametags and stand on the blue line.”</li> <li>• “Last session we spoke about homelessness. Does anyone remember anything about any of the people in the videos we watched?”</li> <li>• “Today we are exploring health challenges.”</li> </ul>	<p>3 min</p>
	<p><b>Line Game</b></p> <ul style="list-style-type: none"> <li>• “I am going to share a list of questions. If the answer to a question is strong yes, stand on the YES side far away from the line. If you are no, stand on the no side. If NEUTRAL (or “don’t know”) stand on the line”</li> <li>• <i>Go through the following prompts. Once you get to prompt “d” you can start asking if anyone wants to share their experience once they have chosen their location. It is good for adults to share their experiences too, where appropriate. This exercise helps build trust.</i> <ul style="list-style-type: none"> <li>◦ a. “I like to eat bananas.”</li> <li>◦ b. “I like mushrooms!”</li> <li>◦ c. “I like to play soccer.”</li> <li>◦ d. “Sometimes I have a really hard time sleeping.”</li> <li>◦ e. “I know someone who has diabetes.”</li> <li>◦ f. “I have had problems breathing before (ex asthma)”</li> <li>◦ g. “Someone in my family has been very sick.”</li> </ul> </li> <li>• “After playing this game, I can see how much everyone knows about health. You already have a lot of expertise!”</li> </ul>	<p>10 min</p>

## Kids for Kids Fund - Session 4

NEW IDEAS  
(introduce  
and apply  
new content)

### Kira Video

- “Now we are going to watch a video about a girl named Kira. During the video I want everyone to listen for as many facts as you can about Kira as a kid (what are her hobbies, favorite foods, etc). After the video I want you to come up with 8 facts about her.”
- *Note: Have the closed captions turned on as it is hard to hear a couple kids in the video.*
- “Can we come up with 8 things we know about Kira? Not about her health – but about who she is?” (*likes sushi, has a Cat named Misty, has been to Disneyworld, plays the piano...*)
- “What do we learn about her experience with cancer?” *Some things that might come up: (i) painful, bruises, loss of hair, (ii) bullying, (iii) boring – based on the story about making the slide of her bed.*
- “How did other children in the video show that they cared about Kira’s story?” (*they really listened, they thought about what it must have been like, they complimented her, etc*).

10 min

### Health Art

- “Now we are going to take a look at some art that was created by kids of different ages from different hospitals. We are looking at them in order to help us understand what it is like to be a child in the hospital.
- “As we look at these images, what do you FEEL, SENSE or SEE?”
- “What do we learn about what it might be like to be in the hospital?”
- *Note: The image that maps the young kids emotions is important. “Why is there a circle in blue on the throat for sad? What is the person’s hair red?”*

10 min

WRAP UP  
(gauge new  
learning)

### Wrap Up

- “What did we learn about what it is like to be a child in the hospital?” *Answers could be: lonely, scary, painful, boring!*
- “If we look at the Universal Challenges, which ones could be most relevant to a child experiencing a health challenge?”

5 min