

Student Learning Workshop Session 3 - 6th

LESSON TITLE

Your Unique Story

OBJECTIVES

- To explore the unique experiences that we all bring to helping others.
- To introduce the concept of Universal Challenges.

PREPARATION

- Test SLW Powerpoint #3
- Universal Challenge Poster
- Character Sheets/Nametags
- Oven-bake clay

CURRICULUM

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|-----------------------|--|------------------|
| <p>INTRO</p> | <p>Recap from Session #2</p> <ul style="list-style-type: none"> • “What is a philanthropist? Someone who gives of themselves for the good of others.” • “Can anyone share one way that you used a philanthropic body part to help someone recently?” <p>True or False</p> <ul style="list-style-type: none"> • Today we will start with your reaction to this statement: It is easy to be a kid.” • “What is <u>hard</u> about being a kid/young person?” - <i>people tell you what to do all the time, can't earn money, can't drive.</i> • “What is <u>easy</u>?” - <i>don't have to worry about taxes, don't have to work.</i> | <p>5-7 min</p> |
| <p>SHARING</p> | <p>Introducing Universal Challenges</p> <ul style="list-style-type: none"> • “There are many things that connect us all as humans: good things like New Year’s Celebrations and hard things like climate change. Can anyone think of other things that connect us?” • “Whether our life seems easy or hard, whether we are rich or poor, famous or not, there are certain challenges that many of us experience. “ • “Look at the list of Universal Challenges. Is there anything missing from the list?” | <p>15-20 min</p> |

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THINK, PAIR, SHARE

- “Before we do this exercise, let me share a challenge that I have experienced and what helped me.” *Teacher, please share a story here. This role modeling will be important. It could be when you lost someone in your family, a pet. When you experienced a health challenge, etc. Something personal but not too personal:)*
- Please reflect on these two questions privately:
 - What is a Universal Challenge that you have experienced?”
 - What helped you deal with it?
- “Now let’s break into pairs to share with each other”
- “Who would like to share with the group?”

[NOTE TO INSTRUCTOR, YOU CAN HAVE STUDENTS WATCH THE VIDEO BELOW AND MAKE GAME PIECES AT SAME TIME. IT WILL SAVE TIME!]

Name the Challenge

- “As we think about the challenges that we have experienced, it is important to know that our challenges can make us better at helping others. If you are trying to help someone dealing with a situation you have experienced, you know what it is like. Therefore you know what is helpful.”
- “Let’s now watch a video of tennis player Noami Osaka. What unique challenges and experiences has she had and how did she help others with the same challenge or experience?” - *talking openly about mental health, skin care line, Met gala dress giving a message about being bi-racial.*

Closing Action

Game Pieces

- “As a final activity today, we are going to make the game pieces we need for STEPS TO GOOD.”
- “The goal is to make a game piece that represents the character on your nametag. Keep it smaller than 3/4 inches so that it will fit on the board. Game pieces are stronger when they don’t have really thin components.

10 min